#### **Our Counselling Services**

- Vocational orientation and advice on Upskilling
- Identifying unused strengths and talents
- Labor market information and legal regulations
- Clarifying goals and discovering opportunities
- Job Application and Coaching
- Competence check
- Discovering new career perspectives
- Balancing work and family
- Creating a competence profile following CH-Q
- Expanding professional and personal horizons
- Job Exchange

In addition, you will regularly find interesting seminars around the topics, work, job and career at ZARABINA asbl. All ZARABINA offers are free of charge. They are supported by the Ministry of Labor, Employment and Social and Solidarity, Economy and by the Ministry of Education, Children and Youth.



LE GOUVERNEMENT
DU GRAND-DUCHÉ DE LUXEMBOURG
Ministère du Travail, de l'Emploi et
de l'Économie sociale et solidaire





Learn more about us on www.zarabina.lu



# Advice

on the best job market chances



Reorientation in your career?

Interested in Upskilling?

**Combine Family and Training?** 

**Looking for a Job?** 

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Transformation and change characterize our modern working world



I'm interested in

upskilling

Every professional decision involves opportunities and risks. We will support you in weighing them up and bringing them in line with your own life goals.



Lifelong learning, unemployment, fixed-term contracts, flexibility and mobility are realities of life for many employees. Integrating major and minor changes into one's own biography is challenging. Facing up to change therefore requires courage and commitment.



I have questions on my career

I want to combine family and career

We take the time to clarify your concerns with you. Factual questions and strategic considerations are always taken into account against the background of your abilities, interests, and current life situation.

## We are ...

a socially-engaged association committed to fair chances in work, occupation and further education. We have been operating successfully as a consulting service provider since 1995. Our distinguishing trademark is an active, lifelong and educational orientation for women and men.

### We work ...

with a team of consultants with various educational and practical experience and which aim at a common understanding of consulting and quality.

For us, there is no "patent remedy". We make us of customized consulting strategies, which are realistic in the matter and creative in approach.

## We cooperate ...

with international, national and local experts and companies. We seek systematic exchange and cooperation with professional networks in order to continuously adapt our services to changing requirements.